

## Class : XI , Subject : Physical Education

- Q1. What is the aim of Physical Education? 1
- Q2. Enlist the courses available in Physical Education. 1
- Q3. What is Olympic Movement? 1
- Q4. What do you mean by IOC? 1
- Q5. Explain the Olympic motto. 1
- Q6. Discuss about teaching careers in Physical Education in brief. 2
- Q7. Write Short notes in brief. (1+1)=2  
(1).Olympic Flag. (2).Olympic Flame.
- Q8. Explain Winter Olympic in brief. 2
- Q9. Enlist the objective of Physical Education and Explain any one of them. 3
- Q10.Elucidate any three Soft Skill required in field of Physical Education. 3
- Q11. Explain about Rajiv Gandhi Khel Ratan Award in detail. 3